Meet the New Graduate Assistants

Family & Graduate Housing is proud to announce the new graduate assistants for the 2015-2016 academic school year. They are:

- **Brittney Walker**: Family Relations
- **Brandi Binder**: Special Events
- **Joy Sugihara**: Children's Outreach

Kelechi Lamberts will continue to facilitate as the Multicultural Health Center GA. The new GAs will begin assisting and coordinating events and programs for University Apartments later in August. Please help us to welcome them during the Fall Festival on Saturday, August 22.

Fall Festival at the Orchard Downs Community Center

The annual Family & Graduate Housing Fall Festival will be held on **Saturday, August 22** at the Orchard Downs Community Center. The picnic is a great way to meet your neighbors, community aides, and graduate assistants, and to celebrate the start of the school year! University and community organizations will be there to answer questions and provide information. The food and fun begins at 12:00 p.m.! Raffle drawings and prizes will conclude the event. For more information, please contact your community aide or the Family & Graduate Housing office at apartments@illinois.edu.

Kids’ Club Fall Registration

Friends + Fun=Kids’ Club! Registration for the 2015-2016 Kids’ Club will be held **Monday, August 17 from 5:00 to 6:00 p.m.** at the Orchard Downs Community Center. The fall session will begin **Monday, August 24**.

Orchard Downs Kids’ Club is a tuition-free after-school program for children ages 5 to 12. A $25-per-child registration fee is due at application. Children must be 5 years of age and entering kindergarten this fall. Families must also be residents of the University Apartments.

The program is held Monday through Friday from 3:00 to 5:30 p.m. at the Orchard Downs Community Center. Kids’ Club offers social, recreational, educational, and field trip activities for the children. **Come join the fun!**

New families are encouraged to register. For questions or additional information please contact Sara Jenkins the Children’s Programming Coordinator at 333-5656 or jenkins@illinois.edu.
Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing office at apartments@illinois.edu or 333-5656.

Sewing Room
The Sewing Room is open on Saturdays from 9:00 a.m. to 11:00 a.m. in the Learning Resource Center (Orchard Downs apartment 2044-A). Sewing machines and other equipment including scissors, pins, measuring tape, and thread are available for residents to use. The Sewing Room monitor is Sedna Cordova (email: adrianysedna@gmail.com).

International Food Festival
Mark your calendars for October 10—this year’s International Food Festival date! Consider being a cook for the event. Share food and music while learning about other cultures living in our community. More details and information about the festival will be in our September issue of the Neighborly News.

Welcome to the World
Babies are a sign of hope and bring much joy to our lives! At Family & Graduate Housing we would like to welcome your newborn to our community with a small gift. This is our way of saying, “Welcome to the World!” If you have recently welcomed a new baby into your family, contact CJ at cjholt@illinois.edu or the Family & Graduate Housing office at (217) 333-5656.

Journey to Indonesia
Get to know Indonesia through culture, music, and culinary specialties. While listening to music, a few selections of the country’s rich and flavorful dishes will be provided. This event will take place at the Orchard Downs Community Center on Saturday, August 29 from 5:00 to 7:00 p.m. (on first come, first served basis). For more information, please contact Dorothea Sudibyo at ca6sudibyo@gmail.com.

Back to School Bingo Party
Come join us for the Back-to-School Bingo Party on Wednesday, August 19 at the Orchard Downs Community Center. The fun begins at 6:30 p.m. Enjoy delicious apple snacks while you try to win school supplies and prizes! Raffle drawings will conclude the program. Hope to see you there!

Tuscola Bus Trip
On Saturday, September 5 get ready to shop till you drop! We will be going to the Tanger Outlet Mall in Tuscola, Illinois. The cost of this trip will be $5.00 for adults; $5.00 for children; and free for children under 3 years old who can sit on an adult’s lap. Online registration for the Tuscola bus trip will begin August 17 at 9:00 a.m. The link to register is http://go.illinois.edu/TuscolaBusTrip. Please limit your registration to 5 people per apartment. For more information, please contact CJ Holterman at cjholt@illinois.edu.

Orchard Downs Pre-School
The Orchard Downs Pre-School is currently still accepting registrations for the 2015-2016 school year. For questions or more information please contact Debbie Collins at dcollns@illinois.edu or by phone at 333-5659. You may also contact the FGH office at 333-5656.

American School System Workshop
As part of the Family & Graduate Housing 2015 Welcome programming, we would like to announce our community-wide school program the American School System: a Workshop for Students, Parents, and Educators of Orchard Downs.

Children who live in Orchard Downs are zoned for the Urbana School District. This program is organized and intended to help educate parents about the American school system. We will be able to get information directly provided to us and in an environment where we can share our concerns and wishes, ask questions, and share with the Urbana School District. We can share information about who we are as a community of students, scholars, and educators of the University of Illinois, and as international residents coming from different countries around the world.

Mr. Joe Wiemelt, the Urbana School District Director of Multicultural and Bilingual Education Program will lead this workshop on Saturday, August 15, 11:00 a.m. to 1:00 p.m. at the Orchard Downs Community Center. You are all invited to attend and come with questions. This is a wonderful opportunity for our community to have a direct conversation with the school district about our children’s education. Last year, principals from Urbana High School, Middle School, and King Elementary School were in attendance as well as some of the teachers. For more information, contact Robert King at rking10@illinois.edu.
**Family Housing Council Information**

**FHC Social Nights**
The FHC invites all Orchard Downs residents to join us on **Saturdays, August 1 and 15 from 6:00 p.m. to 8:00 p.m.** at the **Orchard Downs Community Center** for socializing and fun! Pizza and drinks will be provided.

**FHC Public Meeting**
There is no FHC Public meeting scheduled for August. Check the next newsletter for information about the September meeting.

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**School Physicals Reminder**
Parents, please make sure to stop by the MultiCultural Health Center this month to get school physicals done for your children. The deadline to get all school physicals done is September 1.

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**Dump & Run Garage Sale**
Dump & Run is an annual program of the University YMCA. The YMCA collects reusable items that people would otherwise dispose of as they move out and then sell the collected items at the annual garage sale. This project reduces litter and consumer waste, saves space in landfills, lowers dumping costs for certified housing and apartments, provides inexpensive items for folks to purchase in the fall, and acts as a major fundraiser for the University YMCA.

**Sale Location**
U of I Stock Pavilion, 1402 W. Pennsylvania Ave. in Urbana

**Sale Dates & Times:**
- **August 22:** 8:00 a.m.-4:00 p.m., $2 admission (International U of I students get in free)
- **August 23:** 11:00 a.m.-2 p.m., $3 bag sale/half-price furniture, 2:30-4:00 p.m. - “FREE sale”

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**Welcome Week Activities at the Illini Union**
You are invited to join in the festivities during the Illini Union's Welcome Week!

Visit [http://union.illinois.edu/see-and-do/events/calendar](http://union.illinois.edu/see-and-do/events/calendar) for more information about Welcome Week, Quad Day, and lots of other fun activities throughout the year.

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**Lending Storeroom**
Various household articles are loaned for free to University Apartment residents on Saturdays from 9:00 a.m. to 11:00 a.m. The items can be used for as long as you stay with the University. The Storeroom is located at 2044-A Orchard Street, Urbana. Feel free to borrow items for your use and of course return it back safely to the lending storeroom upon departure. If you have any questions, please contact your Community Aide. If you are interested in volunteering at the lending storeroom, contact Mary Kruse at mary.kruse1@gmail.com.
MultiCultural Health Center
2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health services to the families of the Family and Graduate Housing Community. Services are provided on a first come first served basis.

School physicals note: Parents, please make sure to stop by the MCHC this month to get school physicals done for your children. The deadline to get all school physicals done is September 1.

Clinical Services: The clinic will be staffed with a physician and/or a nurse practitioner. Services will include but are not limited to general health concerns such as colds or other respiratory infections, physical exams, referrals to community services and more.

Clinic hours will be updated on a weekly basis on the MCHC voicemail to reflect clinical services that week. Please call (217) 265-6267.

Clinic Hours

HeRMES: Every Thursday from 6:00 to 8:00 p.m. Doors open at 5:30. (Appointments can be made and walk-ins are welcome. For appointments please call the MCHC at 217-265-6267 and leave a voice mail.)

WIC Hours: Friday, August 7 and Friday, August 21, 1:00 to 4:00 p.m.

CCCHC Services: Champaign County Christian Health Center is a non-profit clinic in our community located at Presence Community Resources Center on Wright St. on the Presence Hospital Campus, with a satellite office at the MultiCultural Health Center by appointment only. Please contact CCCHC through the appointment line, (217) 402-LOVE (5683), if you need assistance with primary care. For more information, visit http://ccchc2003.org.

Woman, Infants and Children (WIC) Services: WIC services are provided for women, infants and children and are offered by the Champaign-Urbana Public Health District. Services for WIC participants include supplemental nutritious foods, nutrition education, counseling, screenings and referrals to other health services, welfare and social services, and immunizations for children. (Note: Clients who are receiving coupons can only pick up their coupons from the MCHC office on the 6th and 12th months. The coupons sent on the first 3rd month and the 9th month must be picked up at the C-UPHD office. Clients must also make sure to register on the WIC website in order to make themselves eligible to pick up WIC coupons when available at the MCHC prior to pick up so it can be delivered to the MCHC for pick-up.)

Office Hours: Office hours at the MCHC will be on Mondays and Wednesdays (1 - 4 p.m.), Tuesdays (2 -5 p.m.), and Thursdays and Fridays (11 a.m. - 2 p.m.). Feel free to stop by for baby weigh-ins or come and pick up some beneficial health information handouts on winter safety, pre-natal health, or common health questions.

For more information, please contact Kelechi Ibe-Lamberts, MCHC Graduate Assistant (GA), at mchc@illinois.edu.

Stress-Management Consultation: Email klamber4@illinois.edu for appointments.